

Series: I Am Not Alright

Title: Realities for the Dark the Seasons of Life

Text: Job 5:7

Date: November 7, 2021

2 realities to keep in mind as you face the dark seasons of life...

1. Circumstances are not the basis for our well being (v. 1).

1 Kings 18:39

Revelation 1:5

Philippians 4:11-12

“When a Christian is content in the right way, the quiet comes more from the temper and disposition of his own heart than from any external argument or from the possession of anything in the world.” **Jeremiah Burroughs**

Proverbs 30:8-9

James 1:9-11

2. The fear of people is a great enemy to our well being (v. 2).

Proverbs 29:25

“Giving other people the power to control how you think, feel, and behave makes it impossible to be mentally strong...Retaining your power is about being confident in who you are and the choices you make, despite the people around you and the circumstances you’re in.” **Amy Morin**

“If the gaze of man awakens fear in us, how much more so the gaze of God...The praise of others — that wisp of a breeze that lasts for a moment — can seem more glorious to us than the praise of God.” **Edward Welch**

Hebrews 12:3

Hebrews 13:6

Psalms 27:1

2 Timothy 4:14

1 Peter 2:23