

Series: I Am Not Alright

Title: Recovering from the Stressful Seasons of Life

Text: 1 Kings 19:1-18

Date: December 5, 2021, AM

Three commitments...

1. Have realistic _____ of yourself (v. 10).

Exodus _____

2 Peter _____

Isaiah _____

2. Enjoy the Lord's _____ (vs. 11-13).

Exodus _____

Joshua _____

Matthew _____

Hebrews _____

“The best of all is, God is with us!” **John Wesley**

There are two places Christ dwells – in _____ and in the hearts of His children!

3. Anticipate _____ usefulness for the Lord (vs. 14-18).

1 Kings _____

Luke _____

Mark _____; _____; 3:13-19; 6:7-13

Matthew _____

2 Timothy _____

Titus _____